

2023 Dates

January

stepONE: Essentials—January 15, 22, 29 | Sunday mornings at both campuses

February

- stepTWO: Membership—February 12, 19, 26 | Sunday mornings at both campuses
- stepONE: Essentials Fast Track—Monday, February 20 | 6:30pm | South Campus

March

stepTWO: Membership Fast Track—Saturday, March 4 | 8:30am | South Campus

April

- stepONE: Essentials—April 16, 23, 30 | Sunday mornings at both campuses
- stepONE: Essentials Fast Track—Saturday, April 15 | 8:30am | South Campus

May

- stepTWO: Membership Fast Track—Monday, May 8 | 6:30pm | South Campus
- stepTWO: Membership—May 14, 21, 28 | Sunday mornings at both campuses

June

- stepONE: Essentials—June 11, 18, 25 | Sunday mornings at both campuses
- stepONE: Essentials Fast Track—Saturday, June 24 | 8:30am | South Campus

July

• stepTWO: Membership—July 9, 16, 23 | Sunday mornings at both campuses

August

- stepTWO: Membership Fast Track—Saturday, August 5 | 8:30am | South Campus
- stepONE: Essentials—August 13, 20, 27 | Sunday mornings at both campuses

September

stepTWO: Membership—September 10, 17, 24 | Sunday mornings at both campuses

October

- stepONE: Essentials—October 8, 15, 22 | Sunday mornings at both campuses
- stepONE: Essentials Fast Track—Saturday, October 14 | 8:30am | South Campus

November

• stepTWO: Membership—November 12, 19, December 3 | Sunday mornings at both campuses

December

stepTWO: Membership Fast Track—Monday, December 11 | 6:30pm | South Campus